

Beyond Food Community Hub 2023 Annual General Meeting

Programs in operation

Regular Food Bank Hampers

(Monthly breakdown provided)

- Our Food Hamper Program is dedicated to supporting food insecure individuals by providing a box of essential supplies of fresh & non-perishable food products on a once-a-month basis. Food Hamper days are the 1st & 3rd Wednesday each month.
- 2023:
 - 1062 hampers
 - 3,434 clients served
- Average cost of a 3-4 person hamper = \$250
 - Market value based on the week of October 30th.
 - Dry goods, fruit & vegetables, meat.
 - Price based off Lionell's No Frills

Emergency Food Bank Hampers

- To meet urgent food needs when financial pressures stop people from affording food, outside the regular hamper schedule.
- An average month sees approximately 8 emergency hampers go out.

Lunchbox

(Monthly breakdown provided)

- Each week families with children receive a box filled with fresh fruit & vegetables, healthy snacks, bread, eggs, milk and breakfast and lunch supplies. This box of food supplies provides food to help get through the week, so children have food for school and some for home meals.
- 2023:
 - 4,687 boxes
 - 11,672 children served

Good Food Box & Seniors Good Food Box

(Monthly breakdown provided)

- On the 1st & 3rd Wednesday each month this program provides seasonal, affordable and healthy fresh fruit & vegetables at an affordable price.
- To date:
 - 281 senior boxes
 - 313 regular boxes

Snack Attack and The Pantry Program

- In partnership with Servus Credit Union Public Library Blackfalds, we are ensuring those experiencing food insecurity has access to food by making food available at the public library.

The Affordable Market

- With the assistance of IGA, two Tuesdays a month (operates in the same week as the Good Food Boxes), fresh vegetables, fruit are made available to the general public at wholesale prices.

Changing the Cycle

- 1 in 3 Canadians who need feminine hygiene products struggle to afford them. The program provides no cost menstrual products to those experiencing low-income disparity.

The Baby Bank

- For families facing food insecurity the cost of diapers and formula can be overwhelming and challenging to afford. The Baby Bank with support from the Woodynook Church ensures that a large expense is lessened for struggling families.

The Pet Food Bank

- In partnership with Pet Valu Blackfalds, the Pet Food Bank is designed to help people who are having difficulties feeding their pets by providing quality dog and cat food for free.

The Christmas Bureau

- This collaborative community effort helps eligible Blackfalds families and individuals celebrate and enjoy the holidays through the provision of a Christmas food hamper and gift cards to be used for the purchase of Christmas presents.

Grad Dress Boutique

- This is for graduating ladies that maybe finding it difficult to access a dress for their special occasion. There is a wide selection of styles, sizes, and colours for them to come in and make a selection that suits them.

The Community Kitchen

- Programs:
 - Seniors cooking club
 - Seniors meals to take
 - Collective kitchen
 - Bridging Diversity
 - Kids in the kitchen
 - Ethnic Inspirations
 - ESL
 - Cooking on a budget
 - Small portions club

Donations received

- Food Mesh
 - Daily pick up from Buy-Low
 - Year to date in pounds
 - Bakery: 12,990
 - Meat/seafood: 7045
 - Deli: 1902
 - Dairy: 7280
 - Grocery: 7427
 - Produce: 386
 - Other: 455
 - Total: 37482
- Second Harvest
 - Daily pick up from IGA
 - Monthly pick up from Clearview Shoppers Drug Mart
 - Year to date in pounds
 - Dairy: 18,285
 - Meat/fish: 6342
 - Bread: 3022
 - Produce: 1815
 - Non food: 528
 - Other: 2732
 - Total: 32724
- Food Banks AB
 - 8034 lbs mixed pallet
- Cobs
 - Weekly bread
- Zuidhoff Feeders
 - Regular donation of steers
 - 4500 lbs ground beef

- G&S Meats
 - \$4396.25 cut & wrap of the steers
- IGA
 - Second Harvest food rescue
- Blackfalds AG Society
 - Potatoes
- Verry Berry Acres
 - 1416 lbs potatoes
- Pik N Pak
 - Weekly produce
- Totally Gluten
 - Weekly gluten free baking
- Lionell's No Frills
 - 2324 lbs reclamation
- Little Stars Daycare
 - essential list donations
- IRIC/IRJC
- Woody Nook Church
 - Diapers
 - Funds
- Beck Farms
 - 1254 lbs carrots

Food Distributed

(January – October)

- Echo Food Recovery (Lacombe): 10168 lbs
- Blackfalds Public Library: not weighed
- Iron Ridge Intermediate Campus: 491 lbs

Mileage

- January - October: 8497.90 kms

Volunteer Hours

- 2325 hours